

Collaborate, Adapt, and Innovate  
Collaborer, s'adapter et innover

June 24 – 27 juin 2021

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**COS ANNUAL MEETING AND EXHIBITION**  
**CONGRÈS ANNUEL ET EXPOSITION DE LA SCO**



### COS AWARDS OF EXCELLENCE IN OPHTHALMIC RESEARCH – POSTER AWARDS

**Deadline for Submission: Wednesday, March 31, 2021 – 11:59 PM ET**

First place: \$2000; Second place: \$1500; Third place: \$750

To be considered for the award, you must submit your poster electronically to the [www.yourconference.live/COS/uploads](http://www.yourconference.live/COS/uploads) by the submission deadline. All first authors of accepted ePosters will receive a unique upload link by email from Yourconference.Live. If you have not received these details by **March 12**, please contact the COS at [presentations@yourconference.live](mailto:presentations@yourconference.live)

Please review the Eligibility Criteria, as well as the design and upload details carefully before submitting your ePoster. Late submissions will not be accepted. The authors of the top three posters will give a simple 2-minute presentation to increase exposure of their work and facilitate discussion with meeting attendees. All presentations will take place during Awards Session on Thursday, June 24, 2021.

#### ELIGIBILITY CRITERIA

Criteria of eligibility to the award are **ALL** the following:

1. To be considered for this award, eligible individuals must indicate their interest at the time of submission.
2. Authors are only eligible to submit one abstract for consideration for the awards.
3. The recipient must be enrolled in a masters or PhD program, or be a medical student, resident or ophthalmology fellow at a Canadian University at the time the work was conducted.
4. One of the co-authors must be a COS member.
5. The trainee must have completed most of the research project, i.e. be the first author, and the one presenting the work (supervisors will be contacted to confirm the level of participation).

#### EPOSTER DESIGN

Strong posters focus on communicability, scientific communication and scientific merit/value. Keep the following items in mind when designing your poster:

- Title and author names are easily identifiable
- Research question, background, methods, results, discussion and conclusion are relevant, logical and linked to one another

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- Innovative research, rigorous methods and conclusions supported by results
- Engaging, clear and eye-catching poster design
- Formatting is appropriate and logical; graph and tables are clear and easily visible
- Clear information that can be read in 3-4 minutes

UPLOAD SPECS

	<b>Digital poster <u>without</u> a video</b>	<b>Digital poster <u>including</u> a video and Surgical videos</b>
<b>File format</b>	PowerPoint (.pptx)	.mp4, .mpg, .mov, .avi
<b>Orientation</b>	Landscape format	Landscape format
<b>Dimensions in pixels</b>	1920 width x 1080 height	1920 width x 1080 height
<b>Dimensions in cm</b>	54,2 width x 38,1 height	54,2 width x 38,1 height
<b>Recommended font size</b>	Minimum 16 points	Minimum 16 points
<b>Sound</b>	No sound supported	Sound supported
<b>Maximum file size</b>	40 MB	100 MB
<b>Number of videos</b>	–	1 video per page

The deadline to upload your ePoster to be considered for the 2021 COS Awards for Excellence in Ophthalmic Research is: **Wednesday, March 31, 2021**